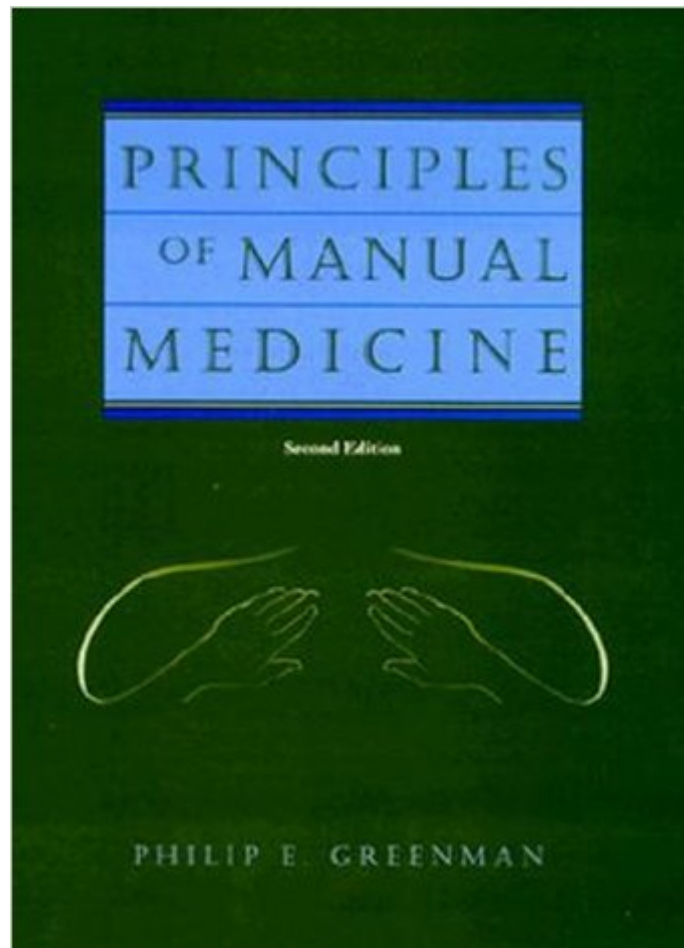


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# Principles Of Manual Medicine



## Synopsis

The Second Edition of this unique text presents principles and practice of manual medicine, with clear discussions of how and where they apply in the context of various disease states. Structured according to organ system, this well-researched book offers a complete guide to the most effective methods of diagnosis and therapy. An entirely new section on Clinical Integration and Correlation includes chapters on exercise principles and prescription, adjunctive diagnostic and therapeutic procedures, and common clinical syndromes. Important recent developments on direct action muscle energy and mobilization with impulse (high velocity, low amplitude thrust techniques) is included.

## Book Information

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## Customer Reviews

Dr. Greenman conveys his tremendous knowledge very well in his 2nd edition text. After taking courses given by the author this book exemplifies his expertise in the realm of manual medicine specifically muscle energy techniques. A MUST have for anyone serious about improving their manual skills!!!!

This is the best edition of Greenman's work. The earlier editions are not as complete and the later editions removed some of his material. It has a very good section detailing his perspective on cranio-sacral treatment and he details some techniques that are not published by Upledger or Stiles.

This book is an essential for all practicing D.O.s using osteopathic manual medicine and prescribing a comprehensive treatment plan to help make the patient independent. It represents the practical and clinical essence of all forms of physical/ manual therapy. It is a Classic.

I've been a massage therapist about 15 years, and the first edition of the book is the one I own, which was the textbook we used during my advanced clinical training. I have several other books on muscle energy technique(MET) but Greenman's book is one I come back to time and again for quick reviews because it's just laid out very well and explained clearly. Although I don't have the most recent edition yet, I do want to point out that the original was only HALF as many pages as the 3rd edition, so it looks like they packed a LOT more information in it, making it easily worth the price. As the old version is a classic, I don't doubt the updated one is going to be equally impressive.

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